

VIVO First Responder Training is designed to enable the teacher & staff to deal effectively with various medical emergencies. The participants learn to identify medical emergencies and the correct response to them. They are thus empowered to support their Students and colleagues in life threatening situations.



## Intended Audience

Teachers & Staff members be a First Responder in case of a medical emergency.

## Course Material

- Learn to identify life threatening emergencies including Heart Attack, Stroke, Choking, Cardiac Arrest
- Able to Protect, Assess, Alert & Attend to the person in danger
- Learn importance of the Golden Hour/ Platinum minutes
- Learn to deal with injuries such as Fractures, Bleeding, Burns etc.
- Practice CPR & AED

## Course Description

- What is a Medical Emergency?
- Emergency Action Steps
- Importance of Time
- Principles of First Aid
- Identifying symptoms of common Medical Emergencies
- Common Injuries
- Do's & Don'ts
- Cardio Pulmonary Resuscitation (CPR) – Skill Demonstration & Practice
- Recovery Position Demonstration & Practice
- Splinting and Bandaging Techniques Demonstration

## Participants will learn through

- Discussions & Interactions
- Slides, Audio & Video Presentations
- Role Plays & Demonstrations
- Practice on mannequins
- Practice on applying dressing, bandaging and splinting
- Practice Cardio Pulmonary Resuscitation (CPR) & Recovery Position
- Situation analysis
- Evaluation & Certification

## Highlights

**Duration:** 6 Hours

**Certification:** VIVO Healthcare

**Validity:** 1 Year