# AHA- Heartsaver First Aid CPR AED





Nearly 80% of sudden cardiac arrests occur outside the hospital & approximately 4 million of injuries and illness occur annually on the workplace.

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to & manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until Emergency Medical Services (EMS) arrives. In this course, students learn skills such as how to treat bleeding, sprains, broken bones, shock & other first aid emergencies







#### Intended Audience

This course if for anyone with limited or no medical training who needs a rescue card in first aid to meet job, regulator or other requirements.

#### Course Material

Heartsaver First Aid CPR AED student handbook

## **Course Description**

- First Aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies
- Adult CPR & AED use
- Relive choking

### Mode of Instruction:

- Instructor led training supported by Audio visual training aids
- Practice While Watching (PWW)
- Hands on practice on manikins and simulators

## Highlights

**Duration:** 8 Hours

**Certification:** American Heart Association

**Validity:** 2 Years





