

Cardiac emergencies are more common than we think. Nearly 80 percent of sudden cardiac arrest occurs outside the hospital and it is important to know effective cardiopulmonary resuscitation (CPR) along with the use of an Automated External Defibrillator (AED) which can help us save lives.

Heartsaver CPR AED is a classroom, video-based, instructor-led course that enables & empowers lay rescuers to take necessary & decisive actions to rescue individuals suffering from cardiac or respiratory emergencies.



Intended Audience

This course is for anyone with limited or no medical training who needs a rescue card in first aid to meet job, regulator or other requirements.

Course Material

Heartsaver CPR AED student workbook

Course Description

- Cardio Pulmonary Resuscitation skill- Adult, Child and Infant
- Use of an AED - Adult, Child and Infant
- Relieve choking - Adult, Child and Infant

Mode of Instruction:

- Instructor led training supported by Audio visual training aids
- Practice While Watching (PWW)
- Hands on practice on manikins and simulators

Highlights

Duration: 4 Hours
Certification: American Heart Association
Validity: 2 Years

