

Heartsaver First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond & to manage an emergency in the first few minutes until Emergency Medical Services (EMS) arrives. In this course, students learn skills such as how to treat bleeding, sprains, broken bones, shock & other first aid emergencies.

Medical Emergencies can happen anywhere, to anyone & at anyplace and when it occurs, panic sets in, & if we are not prepared, consequences can be disastrous. First Aid training is an important part of an effective safety program.



Intended Audience

This course is for anyone with limited or no medical training who needs a rescue card in first aid to meet job, regulator or other requirements.

Course Material

Heartsaver First Aid student handbook

Course Description

- First Aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies

Mode of Instruction:

- Instructor led training supported by Audio visual training aids
- Practice While Watching (PWW)
- Hands on practice on manikins and simulators

Highlights

Duration: 4 Hours

Certification: American Heart Association

Validity: 2 Years

